

# BHWell

Center for Behavioral Health & Well-Being Research

## Dr. Megan B. Meyer

### **What is the goal of your research in addiction and psychedelic-assisted therapies?**

Our research has two primary goals: 1) better understand the current attitudes, knowledge, clinical experiences and training needs of social workers and nurses related to psychedelics and psychedelic-assisted therapy and 2) inform the development of interprofessional training in the science and therapeutics of psychedelics.

### **How does your research affect the use of psychedelics to treat addiction?**

Our research is unlikely to directly impact the use of psychedelics to treat addiction. However, our research should shed some light on practitioners' level of knowledge and concerns about the use of psychedelics to treat addiction, which will help us understand what training will be most useful for social workers and nurses working in the field of addiction treatment.



**Megan B. Meyer,  
MSW, PhD  
Associate Professor**

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### **How does your research affect social work practice?**

While many social workers are likely to be seeing more psychedelic use or intention to use among their clients, many are unaware of latest clinical research and, therefore, unprepared to talk to clients about their psychedelic use. We hope this research will raise awareness about the need to train the social work and nursing workforces and build the clinical infrastructure to both manage the risks and realize the potential of psychedelic medicines.

### **What is one thing you would like social work practitioners to take away from your research?**

I would like practitioners to advocate for the development of affordable training so they can be informed about the history, clinical evidence, risks and rapidly changing legal landscape related to psychedelics and psychedelic assisted therapy. We need a trained workforce with social workers who have both adequate knowledge of the evidence-based related to psychedelic medicines and realistic expectations about their risks and potential benefits.



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**Dr. Megan Meyer**