

BEHAVIORAL HEALTH & WELL-BEING LAB (BHWELL)

IMPACT REPORT, FY 2023

7/1/2022-6/30/2023

Founder and Faculty Executive Director
Jodi Frey, PhD, LCSW-C, CEAP
University of Maryland, School of Social Work



INTRODUCTION

The Behavioral Health & Well-Being Lab (BHWELL) housed within The University of Maryland School of Social Work (UMSSW), entered its second year of existence during Fiscal Year 2023 (FY23). Included in this report are highlights from BHWELL regarding accomplishments during FY23 and plans for the upcoming year.

MISSION STATEMENT

BHWELL is committed to developing, implementing, and disseminating collaborative research, training, and education. We seek to foster equity by advancing behavioral health and promoting well-being among individuals, families, and communities within and around Baltimore, the State of Maryland, and globally.

We focus on emerging adult and adult behavioral health and well-being, viewed and provided through an equity lens. We strive to provide leadership in the social work profession while partnering with other disciplines and community stakeholders to translate research into practice and inform future research based on practice experience and community input.

EQUITY, DIVERSITY AND INCLUSION (EDI) AND VALUES

BHWELL was the first research lab/center on the UMB campus to develop an Equity, Diversity and Inclusion (EDI) statement that helps to guide all the work that we do. Our EDI statement is:

All programs and projects affiliated with BHWELL are grounded in the ideals of our diverse profession. These ideals guide us to conduct and promote equitable, just, diverse, and inclusive research and practice. We strive to support research-informed practice and practice-informed research that actively challenges and responds to bias and all forms of discrimination and injustice. We seek to equitably improve access to care, dismantle policies and structures that create and exacerbate disparities, and improve systems to share power and reduce systemic injustices. To accomplish this, we embrace practice- and community-engaged and informed research.

This year, Dr. Jodi Frey, BHWELL Founder and Faculty Executive Director, convened a sub-committee to develop our EDI Values which lives proudly on the BHWELL website and helps direct the work that we do:

- **Equity:** We are committed to diversity, belonging and inclusion, and access.
- **Anti-oppressive:** We apply practices of de-colonization and cultural responsiveness to achieve social justice.
- **Community:** We continuously engage in/prioritize community-engaged scholarship and partnership that includes practice-informed research and research-informed practice.
- **Integrity:** Our work is guided by transparency and ethical standards of research and practice.

Select examples of EDI-driven activities that BHWell has participated in this fiscal year include:

1. Provided a national webinar on Workplace Suicide Prevention and Social Workers in partnership with the **Center for Health Equity and Population Health** at University of Michigan with a significant portion of the presentation focused on JEDI (Justice, Equity, Diversity, and Inclusion) practices within workplaces and organizations (Jodi Frey; BHWell Founder and Executive Director).
2. Hosted several presentations related to JEDI and worked with community providers from an **anti-racist lens**; the IRIS team's extensive partnership with the Lower Shore Clinic is infused with DEI work and is focused on addressing social determinants of health (Jay Unick & Michelle Tuten; Associate and Faculty Member).
3. Co-facilitated a fellowship seminar on **racial trauma** (Michele Beaulieu; Associate).
4. Attended HRSA-sponsored training "**Recruiting, Engaging and Retaining Black Students** in Behavioral Health Academic Programs" (Michele Beaulieu; Associate).
5. Attended the 2023 Society for Social Work and Research workshop "Is Antiracism in Social Work Doomed to Fail? A Roundtable on **Interrogating Antiracism through Critical Colonialism**" (Laurie Graham; Faculty Member).
6. Recruited a diverse group of scholars with attention to intersecting personal identities and identities of the communities they serve for two **interdisciplinary research teams** (Laurie Graham; Associate).
7. Collaborated with faculty and staff in the School of Medicine (SOM) on their 9th Annual **Renee Royak-Schaler Lecture in Health Equity** (Seante Hatcher, Associate).
8. Served as a methods consultant for the **Maryland Collaborative for Research in Urban STEM Education** (MD Cruse), an NSF-funded program at Morgan State University that brings together a diverse group of 20 research fellows with the goal of increasing the research competency of STEM faculty from underrepresented backgrounds (Angela Henneberger; Associate).
9. Built **JEDI content into workforce and management practices** woven throughout the lectures, readings, team exercises, and case analyses in the Strategic Talent and Performance Management course and Social Work Practice with Communities and Organizations MSW course (Karen Hopkins; Faculty Member).
10. Served as faculty of the Color Support Network and CSWE Minority Fellowship Program Committee (Theda Rose; Associate).

We have worked hard to maintain a team approach to developing and growing BHWell. During this past year, UMSSW experienced organizational changes that continue to influence how BHWell plans to grow and fit into the broader UMSSW vision and organization.

BHWELL PROGRAMS AND PROJECTS

At the conclusion of this Fiscal Year, 19 UMSSW faculty and staff formally connected their research, education, and/or training programs and projects to BHWELL by signing an Associate Agreement form that outlines their role, expectations, and benefits as a Faculty Associate. Below are select new or continuation programs and projects this year:



Psychosocial Problems, Positive Development, and Educational Outcomes (PI: Theda Rose)

This study explores how developmental assets mediate and moderate relations between psychosocial problems and educational outcomes among Black youth and investigates whether these relations vary by cultural factors (ethnicity, racial socialization), sex, and younger versus older youth. Study findings will improve precision in identifying culturally relevant targets of interventions designed to promote better educational outcomes among Black youth and address racial disparities in adolescent educational outcomes.

Addiction and Psychedelic-Assisted Therapies: Knowledge, Attitudes and Training Needs of the Social Work and Nursing Workforces (PI: Megan Meyer)

The aim of this project is to survey social workers and nurses to capture their attitudes toward, knowledge of and desired training needs related to psychedelics, medication-assisted therapy, and psychedelics-assisted therapies. Using results from the survey, Dr. Meyer and the research team will develop a curriculum outline for a Continuing Professional Education (CPE) overview course as step one in the creation of a full CPE certificate that can be delivered by the UMB Social Work and Nursing CPE departments.



Project Transcendence - HIV PrEP Uptake, Use, and Adherence Among Black Transgender Women

(PI: Darren Whitfield)

The goal of this study is to determine factors that impact engagement in the HIV prevention continuum for Black transgender women in two communities and pilot a gender affirmation theory informed group level intervention designed to move Black transgender women through the prevention continuum.



COLLABORATIONS

BHWell's infrastructure includes a Faculty Executive Director, Program Director, and Public Relations Specialist, in addition to approximately 25 UMSSW-affiliated faculty and staff. No one, including the Director, is paid directly by BHWell. All support is provided in kind at this time. At the conclusion of FY23, 19 UMSSW faculty and staff signed the BHWell Associate Agreement.

Faculty Executive Director, Dr. Jodi Frey*
Program Director, Amanda Mosby*
Public Relations Specialist, Erika Shook*

UMSSW AFFILIATED FACULTY AND STAFF

1. Michele Beaulieu*, MSW, LCSW-C
2. Christine Callahan*, PhD, MSW
3. John Cagle, PhD, MSW
4. Iris Cardenas*, PhD, MSW, LSW
5. Neijma Celestine-Donnor, JD, MSW, LCSW-C
6. Laurie Graham, PhD, MSW
7. Geoffrey Greif*, PhD, LCSW-C
8. Seante Hatcher*, MSW, LCSW-C
9. Angela Henneberger, PhD
10. Karen Hopkins*, PhD, MSW
11. Brooke Kearley*, PhD, MA
12. Nancy Kusmaul, PhD, MSW
13. Ericka Lewis*, PhD, LMSW
14. Megan Meyer*, PhD, MSW
15. Lynn Michalopoulos*, PhD, AM
16. Nalini Negi, PhD, MSW
17. Theda Rose*, PhD, MSW
18. Paul Sacco*, PhD, MSW
19. Corey Shdaimah, PhD, LLM, LLB
20. Michelle Tuten, PhD, MSW
21. Jay Unick*, PhD, MSW
22. Dianna Vass, PhD, MBA
23. Fernando Wagner*, ScD, MPH
24. Darren Whitfield*, PhD, MSW
25. Michael Woolley*, PhD, MSW

**denotes members that signed a BHWell Associate Agreement form*

HOW DOES RESEARCH RELATE TO PRACTICE?

Dr. Jodi Frey
Suicide Prevention

Dr. Karen Hopkins
Leadership & Management

Dr. Jay Unick
Substance Use Disorder Interventions

Dr. Christine Callahan
Financial Assistance & Affordable Housing

Dr. Darren Whitfield
HIV Prevention Services for Black Transgender Women

THURSDAY, MAY 11
12 - 1 PM EST

UNIVERSITY OF MARYLAND
SCHOOL OF SOCIAL WORK

BHWell Lab
BEHAVIORAL HEALTH AND WELL-BEING LAB

FACULTY AND STAFF

We held several meetings to work with BHWell connected faculty, staff, and students on building collaborations. Dr. Frey assembled a group of core members who met four times during this reporting period.

Dr. Frey convened a Partnerships Workgroup which formalized the role of BHWell Associates who are UMSSW faculty and staff with research programs connected to the BHWell's mission as core members.

Examples of products the team created this year and made available to Associates include:

- [Affiliation Presentation BHWell Lab power point](#) which can be included in presentations to help connect Associates' work to BHWell
- Access to BHWell Listserv for communicating time sensitive actions and planning, share resources and connect with others working on similar projects and educational endeavors
- Creation of Associates' individual project webpages
- Development of social media to promote associate work either being grants, awards, press, or publications, etc.
- Dissemination of Zoom background for associates to use in presentations and meetings

Some highlights of BHWell connected faculty members' contributions include:

- Dr. Angela Henneberger presented the first IGNITE talk for BHWell on her work and examples of translating research to practice and policy https://umaryland.zoom.us/rec/share/DHodVRxkIEEKcdiC5LvitKvPdR8e8Sy4TmKgOMF_G6fAyzf7x0HR9hWhXwpeeVyq.JX9208dTtrvZrwc
- Dr. Frey and Associates Dr. Karen Hopkins, Dr. Jay Unick, Dr. Christine Callahan, and Dr. Darren Whitfield participated in an interview about their work and connection to BHWell, which was promoted as part of a week-long social media campaign prior to their presentation, "How Does Research Relate to Social Work Practice?" They hosted this virtual panel presentation to discuss how researchers can share work with the community and to hear from our community (practitioners, students, alumni, community members) how they are using research and what they see as bottlenecks and needs for future research.

AWARDS



JODI FREY

Dr. Donna Harrington Exemplary Faculty Mentor Award, University of Maryland

UMSSW Exemplary Faculty Award, University of Maryland, School of Social Work

Academic and Applied Research Award, Construction Working Minds Summit

Educator of the Year, National Association of Social Workers, Maryland Chapter



ERICKA LEWIS

Dean's Teaching Award, University of Maryland, School of Social Work



LAURIE GRAHAM

Outstanding Editorial Board Member Reviewer, Journal of Family Violence

- The team is working with the UMB Health Sciences and Human Services Library (HSHSL) to create an online Digital Archive repository for members' papers, webinars, and other program-related materials. We will continue to work with HSHSL staff to develop this resource and make it available to the public during FY24.

STUDENTS

This year, we observed continued growing interest in BHWELL with six students reaching out expressing their interest in opportunities to work with Dr. Frey and BHWELL.

In addition to chairing and/or serving on students' dissertation and thesis advisory committees, Dr. Frey and BHWELL Associates supervised and mentored many paid graduate level MSW and PhD students contributing to BHWELL-related projects and programs. BHWELL Associates and faculty also worked with staff and students to co-author peer-reviewed manuscripts, presentations, posters, and other professional reports and communications.

Some highlights of faculty, staff, and student mentorship this year include:

- **Michele Beaulieu** supervised and mentored four staff social workers and three clinical faculty members
- **Iris Cardenas** participated as a faculty facilitator for UMB Interprofessional Education (IPE) Day and provided mentoring to one MSW student in the Research Scholar Program
- **Laurie Graham** participated in "Lunch with a Scholar" for UMSSW current PhD students
- **Geoffrey Greif** co-authored one article with MSW students and is writing an article with PhD students
- **Karen Hopkins and Megan Meyer** co-mentored a RA Scholar and collaborated with her on two published articles
- **Jodi Frey** provided formal mentorship to four faculty members who are members of BHWELL, in addition to providing mentorship at different levels to at least 15 students and social work graduates and individual development advising for 15 students considering the Social Work in the Workplace and Employee Assistance Sub-specialization

EDUCATION AND TRAINING

BHWELL hosted or co-hosted **six** UMSSW Courses with Continuing Professional Education (CPE) to share faculty and staff research and scholarship. Events, with attendance noted where available, included but are not limited to:

- 10/19/22: "Implementing Evidence-Based Recovery Support Services for Individuals with Opioid Use Disorder (OUD)," Dr. Jay Unick and Dr. Eunsong Park, UMSSW Continuing Professional Education, 14 in attendance.
- 11/11/22: "Women Veterans: Mental Health & Aging," Dr. Haley Miles-Mclean, Mental Health & Addiction Health Disparities Think Tank IGNITE Talk, chaired by Jodi Frey, 12 in attendance.
- 12/15/22: "Linking Statewide Administrative Data to Inform Policy in Maryland: Successes, Challenges, and Opportunities", Dr. Angela Henneberger, BHWELL IGNITE Talk, 12 in attendance.

- 3/9/23: “Implementing Anonymous Support Systems for Adults & Emerging Adults,” Dr. Jodi Frey and Maggie Mortali, UMSSW Continuing Professional Education, 13 in attendance.
- 3/16/23: “Global Engagement through Research Partnerships Across the Hemispheres,” Dr. Lynn Michalopoulos and Dr. Fernando Wagner, 27 in attendance.
- 5/11/23: How Does Research Relate to Social Work Practice? Dr. Jodi Frey, Dr. Karen Hopkins, Dr. Jay Unick, Dr. Christine Callahan, Dr. Darren Whitfield, BHWWell, 50 in attendance.

Several BHWWell Associates and members provided educational workshops, including:

- Beaulieu, M., & Graham, L. M. (2022, October). Intimate partner violence. Workshop for the Behavioral Health Workforce Integration Service and Education (BHWISE) Lifespan Fellow seminar series, Baltimore, MD.
- Beaulieu, M. (2022, December). Navigating interprofessional collaborative practice in social work. Field Instructor Appreciation Training, Baltimore, MD.
- Frey, J., & Mosby, A. (2023, February). Program management: A secret ingredient to research success, UMSSW post-doctoral fellows, graduate level students and early career faculty and staff, Virtual workshop.
- Hopkins, C. Q., & Graham, L. M. (2023, March). The implementation and evaluation of a sexual and dating violence prevention program using restorative practice methodologies with urban middle school students. Presentation for the Experimental Alternative Dispute Resolution II Symposium, Baltimore, MD.
- Mack, L-J., Arnett, C., Cardenas, I., & Graham, L. M. (2023, March). Mental health turn in the legal system: In the family. Panel for the Journal of Health Care Law & Policy Spring Symposium in collaboration with the Maryland School of Social Work's Daniel Thursz Social Justice Lecture Series, Baltimore, MD.
- Graham, L. (2023, April). An introduction to healing-centered practice with victims/survivors of intimate partner violence. Virtual Continuing Professional Education Workshop for UMSSW Field Instructors.
- Hatcher, S. (2023, May). Trying to make a dollar out of 15 cents: Financial trauma and its effects on Black folks. ClinicianFest Virtual Conference.

Michele Beaulieu co-facilitated 12 monthly student seminars. Topics included: Interprofessional Team-based care; SBIRT, Intimate Partner Violence; Suicide Assessment and Prevention; SUD and Tele-behavioral Health; Documentation and Treatment Planning; Harm Reduction; Medication Based Treatment for Alcohol and OUDs; Ethical Decision Making in SUD Treatment; Perinatal Substance Use; and Racial Trauma.

Neijma Celestine-Donnor coordinated and facilitated educational and training events, of which many BHWWell members and Associates attended; including but not limited to Lunch and Learns: LGBTQ+ and Policy; Speaking Up! How to Report Discrimination and Bias at UMB; and Restorative Practices Training.

Jodi Frey offered MSW training on suicide risk assessment and response for BHWISE Lifespan and SUDIF students.

FUNDING

BHWell continues to seek funding to support collaboration and infrastructure.

BHWell developed a Funding Wish List that members regularly review with staff in the Office of Development and Alumni Relations and Office of Corporate and Foundation Relations.

We met with the Office of Corporate and Foundation Relations to review potential collaborations for funding and began meeting monthly with Dr. Dianna Vass, Associate Director. At the BHWell members meeting in April 2023, Dr. Vass provided a presentation on her role in philanthropy and insight into different types of funding opportunities for the work we are doing with BHWell.

This year's UMSSW All Gifts Count Campaign: Ten Days of Social Work focused, in part, on fundraising for BHWell and featured BHWell Associates including Neijma Celestine-Donnor, and projects connected to BHWell such as BHWISE's Substance Use Disorders Interventions Fellowship (SUDIF) and Social Work in the Workplace/Employee Assistance sub-specialization.

We collaborated with Janet Hosford-Lamb, UMSSW alum and the inaugural funder for the BHWell's Focused Solutions Endowment Fund, on this year's Homecoming panel "Social Work: Advocating for the Profession and the Professional." Ms. Hosford-Lamb was also featured by UMSSW publications during Mental Health Month, highlighting her support, and other programming related to the topic of mental health and wellbeing.

Drs. Jodi Frey and Jay Unick participated in the Dean's Circle event and talked with attendees about BHWell, and opportunities to partner.

BHWell Associates and faculty applied for 16 grants during FY23. This does not include any gifts that would not have been routed through the UMSSW Pre-Award Office. Faculty successfully were awarded 5 grants totaling more than \$5.1 million. Eleven grants totaling nearly \$14 million submitted in FY23 are still under review at the time of this report.

Some of the funders who have supported BHWell-connected research projects and programs include:

- Alzheimer's Association Advancing Research on Care and Outcome Measures (ARCOM)
- American Educational Research Association
- Human Research Services Administration (HRSA)
- International Center for Responsible Gaming
- JP Morgan Chase Foundation



- National Institutes of Health (NIH)
- National Institute of Drug Abuse (NIDA)
- Saul Zaentz Charitable Foundation
- State of Maryland
- The Substance Abuse and Mental Health Services Administration (SAMHSA)
- TRUIST Foundation
- U.S. Centers for Disease Control and Prevention (CDC)
- U.S. Department of Education
- U.S. Department of Health and Human Services
- University of Maryland, Baltimore Foundation

PRESS AND MEDIA

Faculty, staff and student BHWELL-related research, programs, and activities are often shared with local and national media outlets in addition to our UMB community. Some press and media activities from AY23 include:

- **July 5, 2022:** Dr. Whitfield was interviewed for an article in Jezebel, titled, ["PrEP gave us a tool for ending HIV, but it has failed to deliver"](#)
- **July 21, 2022:** Dr. Frey was interviewed and quoted in an article by National Business Group on Health, titled, "The vital role of employers in suicide prevention and postvention" that was distributed to 72 Fortune 100 companies providing health coverage to over 60 million workers, retirees and families in 200 countries.
- **September 21, 2022:** Dr. Frey was interviewed and quoted in an article published by Society for Human Resources Management (SHRM) about workplace suicide prevention, titled, ["Workplace Help May Be Key to Preventing Suicide"](#)
- **October 4, 2022:** Dr. Frey was quoted in an article published in The Wash on her work in suicide prevention, titled, ["Student suicide at GW shines spotlight on mental health"](#)
- **October 6, 2022:** Dr. Frey was interviewed and quoted in an article published by Bloomberg News, titled, ["Employers Make Progress on Mental Health But There's More to Do"](#)
- **October 31, 2022:** Dr. Shdaimah was featured in Washington Center for Equitable Growth ["Expert Focus"](#) Series
- **December 9, 2022:** Dr. Frey's research on Man Therapy from the CDC-funded Healthy Men Michigan study was highlighted in the New York Times featured article, ["How to get more men to try therapy"](#)
- **December 14, 2022:** Dr. Kusmaul was mentioned in McCann, A. ["2022's States with the Best Elder-Abuse Protections"](#)
- **February 21, 2023:** Dr. Unick was interviewed for an article in Maryland Matters on ["Youth Reach MD"](#)
- **February, 2023:** Dr. Greif was interviewed for The UMB Pulse Podcast about his book *In-Law Relationships: Mothers, Daughters, Fathers, and Sons*
- **March 20, 2023:** Dr. Frey's research on Man Therapy referenced and a link to the article was included in the eMental Health International Collaborative online publication's feature article, ["A groundbreaking solution for men's mental health"](#)
- **April 26, 2023:** Dr. Frey was interviewed about her research on men's mental health and suicide prevention which aired on NBC National News in a story titled, ["How 'man therapy' is making a difference in male life expectancy"](#)

- **May 2, 2023:** Dr. Frey's research on workplace opioid use and recovery, in addition to the Behavioral Health and Well-Being Lab, was highlighted in the University of Maryland's Catalyst Magazine, titled, "[Recovery and the Workplace: UMSSW, UMSOM Collaborate on Toolkit to Help Employers Support Workers with Opioid Use Disorder](#)"
- **May 2, 2023:** Dr. Frey was interviewed about her work with the National Guidelines for Workplace Suicide Prevention on Headspace for the [Workspace Podcast](#)
- **May 23, 2023:** Dr. Frey was interviewed by The Information, a Silicon Valley tech news publication, about mental health in the technology industry and workplace suicide prevention. The article still being researched and will be published during FY24.
- **May, 1-31, 2023:** Social work month featured some BHWell members' work, connecting to the NASW theme "Social Work Breaks Barriers". We worked with the School to feature BHWell Associates and some of their work in each key area of BHWell.
- Dr. Michalopoulos spoke on a [Podcast \(officevisitswithdrv.com\)](#) with Dr. Benita Vernado, an OBGYN in North Carolina who has a show that focuses on health for Black women, about the potential benefit of integrating Muay Thai with talk therapy for trauma survivors.

SOCIAL MEDIA

We utilize the BHWell's social media channels to promote news, events and activities focused on adult and emerging adult behavioral health and well-being, a

BHWell Associates and get this information out to the public.

FACEBOOK

Y2 Goal: Increase following by 5%

Y2 Results: Increased following by 11%

TWITTER

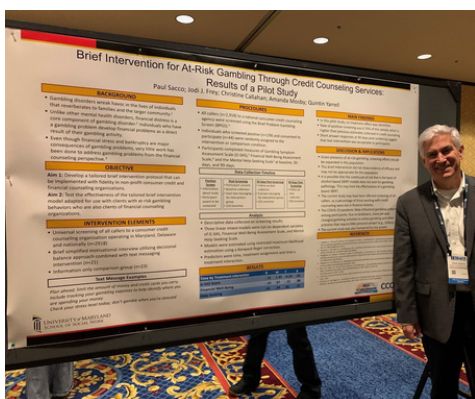
Y2 Goal: Increase following by 5%

Y2 Results: Increased following by 35%

LINKEDIN

Y2 Goal: Increase following by 5%

Y2 Results: Increased following by 219%



BHWELL FUTURE PLANS

In the upcoming year (FY24), BHWell will work as a team to explore options to apply to become a Center. This might include a new name and further refinement of our mission and focus areas. We will also finalize our Affiliate agreements (BHWell Associate forms were finalized in FY23) and develop a formal role, with funding that we need to raise, for BHWell Community Partners.

We are seeking external funds and will consider applying for more collaborative grants and projects, such as the R25 grant mechanism through NIDA and NIAAA. Specifically, we are considering a current call for applications that would be led by SSW research faculty in collaboration with faculty from SSW Continuing Professional Education (CPE) office and other schools on campus. This grant would help to further support projects already funded by BHWell Associates and further our collaboration and leadership role in substance use treatment training on campus and with our community partners. We are also looking at other federal funding mechanisms, such as Project Grants from NIMH to encourage additional collaboration among research faculty.

We will continue to align our work with our EDI statement, and encourage discussion, active research, and public dissemination about JEDI-related activities, and create improved systems for tracking our work. Additionally, we will work to track strategic goal outcomes that align with the SSW's goals and the Dean's annual report.

After several meetings with core faculty of BHWell and the Dean, we have identified a path forward that includes working to explore becoming a formal Center. We will work on this process during FY24. Becoming a recognized Center will help us overcome one of our biggest challenges which is determining ways to share resources (financial and other) that will support our group's future growth, administration, development and promotion.

Below are examples of quantitative and qualitative benchmarks the team set for FY24.

Activity	Benchmark
Participate in EDI-focused professional development webinars, events and/or on Boards and Committees	Attend at least 12 activities
Share research and project updates by posting on webpages, social media, and other communications	Increase online engagement and followers by 5%
Hold regular BHWell meetings	Document at least 2 meetings per year
Provide training and education on current research and practices	Provide at least 4 trainings per year
Develop an online Digital Archive repository for members	Launch site by end of FY24
Work creatively and identify opportunities to fund BHWell	Apply for grants, foundation, and corporate gifts and funding
Write and submit an application for BHWell to become a Center at USM	Document date of submission
Survey Associates to obtain satisfaction rates with programming, meetings and future outlook	Create and distribute a survey and share findings with members

PUBLICATIONS

Faculty, staff and students connected to the Lab published **53 papers and book chapters** in FY23. A full list is below.

1. Cloeren, M., Frey, J. J., & Jetton, I. G. (in press). Sidebar 2: Prevention and early treatment in the workplace setting. Section 4, Chapter 30. American Society for *Addiction Medicine (ASAM) Principles of Addiction Medicine*.
2. Gantt, A. & Greif, G. L. (In press). Reflections on the loss of my grandson: How life events change social work practice. *Reflections: Narratives of Professional Helping*.
3. Ramos-Lira L., Flores-Celis K., Moreno-Lopez M., Saltijeral M. T., Bautista-Reyes H., Rodriguez-Flores A., Rojas-Hernandez R., Gonzalez-Forteza C. & Wagner F. A. (In press). Psychosocial and contextual factors linked to depression in women who legally aborted in Mexico City. *Revista Latinoamericana de Psicología*.
4. AbiNader, M. A., Graham, L. M., & Kafka, J. M. (2023). Examining Intimate Partner Violence-Related Fatalities: Past lessons and Future Directions Using U.S. National data. *Journal of Family Violence*, 38(6), 1243–1254. <https://doi.org/10.1007/s10896-022-00487-2>
5. Anvari-Clark, J., & Rose, T. (2023). Financial Behavioral Health and Investment Risk Willingness: Implications for the Racial Wealth Gap. *International Journal of Environmental Research and Public Health*, 20(10), 5835. <https://doi.org/10.3390/ijerph20105835>
6. Boyd, D. T., Nelson, L. E., Hill, M. J., Whitfield, D. L., Ramos, S. R., Akyirem, S., Emel, L., Wilton, L., Hightow-Weidman, L., Shoptaw, Magnus, M., Mayer, K. H., Piwowar-Manning, E., Wallace, S. E., Fields, S. D., & Wheeler, D. P. (2023). Examining the role of autonomy support, goal setting, and care coordination quality on HIV PrEP adherence in Black men who have sex with men: HPTN 073. *AIDS Patient Care and STDs*, 23(1), 22-30. <https://doi.org/10.1089/apc.2022.0139>
7. Cardenas, I. (2023). Development and validation of the scale of attitudes about seeking formal help in the context of intimate partner violence. *Journal of interpersonal violence*, 38(7-8), 5937-5962. <https://doi.org/10.1177/08862605221127219>
8. Fields, N. L., Schuman, D. L., Miller, V. J., Kunz-Lomelin, A., Kusmaul, N., & Anderson, K. A. (2023). “Knowing when it's time to take a break”: Nursing home social workers’ coping during COVID-19. *Aging and Health Research*, 3(2), 100144. <https://doi.org/10.1016/j.ahr.2023.100144>
9. Frey, J. J., Osteen, P., Sharpe, T. L., Mosby, A., Joiner, T. E., Ahmedani, B. K., Iwamoto, D. K., Nam, B., Spencer-Thomas, S., Ko, J., Ware, O. D., Imboden, R., Cornette, M., & Gilgoff, J. (2022). Effectiveness of man therapy to reduce suicidal ideation and depression among working-age men: A randomized controlled trial. *Suicide and Life Threatening Behavior*, 53(1), 137–153. <https://doi.org/10.1111/sltb.12932>
10. Gartner, R. E., Whitfield, D. L., & Sterzing, P. R. (2023). Ethnoracial differences in past year victimization rates for a national sample of gender and sexual minority adolescents. *Violence & Victims*, 38(2), 234-249. <https://doi.org/10.1891/vv-2021-0125>
11. Gilgoff, J. N., Wagner, F., Frey, J. J., & Osteen, P. J. (2023). Help-seeking and Man Therapy: The impact of an online suicide intervention. *Suicide and Life-Threatening Behavior*, 53(1), 154-162. <https://doi.org/10.1111/sltb.12929>
12. Greif, G. L. (2023). Long-term interracial and interethnic marriages: What can be learned about how spouses deal with negativity from others. *Journal of Ethnic & Cultural Diversity in Social Work*, 1-13. <https://doi.org/10.1080/15313204.2023.2173697>

- 13.** Greif, G. L., Stubbs, V., & Woolley, M. E. (2023). Black women married to White men: What the women see as the challenges. *Journal of Human Behavior in the Social Environment*, 1-13. <https://doi.org/10.1080/10911359.2022.2155287>
- 14.** Henneberger, A. K., Rose, B. A., Feng, Y., Johnson, T. L., Register, B., Stapleton, L. M., Sweet, T. M., & Woolley, M. E. (2023). Estimating Student Attrition in School-Based Prevention Studies: Guidance from State Longitudinal Data in Maryland. *Prevention Science*, 24(5), 1035–1045. <https://doi.org/10.1007/s11121-023-01533-1>
- 15.** Herlihy, P. A., Frey, J., & Nayak, A. (2023). Repository for the ages: 10th anniversary for the International Employee Assistance Digital Archive. *Journal of Employee Assistance*, 53(2), 10-15.
- 16.** Hill, M. J., Boyd, D. T., Dyer, T. V., & Whitfield, D. L. (2023). A culture of secrecy: Uncovering the psychosocial historical context of sexual health in African American populations. *Sexually Transmitted Diseases*, 50(2), 104-106. <https://doi.org/10.1097/olq.0000000000001701>
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- 21.** Ogando, Y., De Bittner, M. R., Park, L., Osotimehin, S., Sokan, O., Tran, D., Sebastian, D. G., Beaulieu, M., & Onukwugha, E. (2022). The impact of an interprofessional care transitions clinic on readmission rates and costs. *Journal of Interprofessional Care*, 37(4), 689–692. <https://doi.org/10.1080/13561820.2022.2095363>
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- 24.** Ting, L., Sacco, P., Gavin, L., Moreland, M., Peffer, R., Anvari-Clark, J., Tennor, M., Welsh, C., & DiClemente, C. C. (2023). Pre-training SBIRT knowledge, attitudes, and behaviors of social work students and medical residents. *Journal of Social Work Practice in the Addictions*, 1–15. <https://doi.org/10.1080/1533256x.2023.2185993>
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- 33.** Fedina, L., Hong, S., Rousson, A. N., Graham, L. M., Lee, J. O., & Herrenkohl, T. I. (2022). Childhood Maltreatment and Intimate Partner Violence Perpetration in Adulthood: An Investigation into Proximal and Distal Risk Factors across the Life Course. *Journal of Family Violence*, 1-12. <https://doi.org/10.1007/s10896-022-00468-5>
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- 36.** Greif, G. L., Rosen, J., Gholson, S., & Trotman, C. (2022). Parents in interracial and interethnic marriages raising children 11-to 18-years-old. *Smith College Studies in Social Work*, 92(4), 240-265. <https://doi.org/10.1080/00377317.2022.2152155>
- 37.** Hageman, S. A., & Frey, J. J. (2022). Health Savings Account Associations from a Social Work Perspective. *Journal of Evidence-based Social Work*, 19(3), 272-286. <https://doi.org/10.1080/26408066.2022.2029787>
- 38.** Henneberger, A. K., Witzgen, H., & Preston, A. M. (2022). A longitudinal study examining dual enrollment as a strategy for easing the transition to college and career for emerging adults. *Emerging Adulthood*, 10(1), 225-236. <https://doi.org/10.1177/2167696820922052>

- 39.** Hopkins, K., Meyer, M., Afkinich, J., Bialobrzeski, E., Perry, V., & Brown, J. (2021). Facilitated Peer Coaching among Women Human Service Professionals: Leadership Learning, Application and Lessons Learned. *Human Service Organizations, Management, Leadership & Governance*, 46(3), 184–201. <https://doi.org/10.1080/23303131.2021.1961963>
- 40.** Hopkins, K., Meyer, M., Afkinich, J., Bialobrzeski, E., & Perry, V. (2022). Impact of leadership development and facilitated peer coaching on women's individual, collective, and organizational behaviors in human services. *Nonprofit Management and Leadership*, 32(3), 387-408. <https://doi.org/10.1002/nml.21487>
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- 42.** Huffman, M., Cloeren, M., Ware, O. D., Frey, J. J., Greenblatt, A. D., Mosby, A., Oliver, M., Imboden, R., Bazell, A., Clément, J., & Diaz-Abad, M. (2022). Poor sleep quality and other risk factors for unemployment among patients on opioid agonist treatment. *Substance Abuse: Research and Treatment*, 16, 117822182210984. <https://doi.org/10.1177/11782218221098418>
- 43.** Kafka, J. M., Moracco, K. B. E., Taheri, C., Young, B. R., Graham, L. M., Macy, R. J., & Proescholdbell, S. (2022). Intimate partner violence victimization and perpetration as precursors to suicide. *SSM-Population Health*, 18, 101079. <https://doi.org/10.1016/j.ssmph.2022.101079>
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- 45.** Leath, S., Hope, M. O., Palmer, G. J. M., & Rose, T. (2022). Religious Socialization and Self-Definition among Black undergraduate women attending predominantly white institutions. *Emerging Adulthood*, 10(4), 859–875. <https://doi.org/10.1177/21676968211064684>
- 46.** Lewis, E. M., Dababnah, S., Hollie, K. R., Kim, I., Wang, Y., & Shaia, W. E. (2022). The creator did not give me more than I can handle: Exploring coping in parents of Black autistic children. *Autism*, 26(8), 2015-2025. <https://doi.org/10.1177/13623613211070865>
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- 48.** Lewis, E. M., Lemmons, B. P., & Woolley, M. E. (2022). The ties that bind: An exploration of son-in-law and father-in-law relationships in Black families. *Psychology of Men & Masculinities*, 23(1), 99-108. <https://doi.org/10.1037/men0000361>
- 49.** Martínez, E. S., Cardenas, I., Pagan, J. V., & Rodríguez, H. R. (2022). Una mirada a factores económicos y demográficos asociados a la violencia de género en Puerto Rico. *Análisis*, 18(1). <https://doi.org/10.54114/revanlisis.v18i1.19489>
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- 51.** Nelson, L. E., Boyd, D. T., Beauchamp, G., Emel, L., Wilton, L., Whitfield, D. L., Ramos, S. R., Ajiboye, W., Hill, M. J., Conserve, D. F., Thomas, P. L., Hightow-Weidman, L., Shoptaw, S., Magnus, M., Mayer, K. H., Piwowar-Manning, E., Fields, S. D., & Wheeler, D. P. (2022). Freedom as Prevention: Mechanisms of Autonomy Support for Promoting HIV Pre-Exposure Prophylaxis Use and Condom Use among Black MSM in 3 US Cities—HPTN 073. *Journal of Urban Health*, 99(6), 1157–1169. <https://doi.org/10.1007/s11524-022-00666-y>

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<https://doi.org/10.1186/s40814-022-01055-7>

54. Dever, L., Gabor, D., Frey, J. J., McClatchey, M., Morrissey, J., Quiray, L., Spencer-Thomas, S., Thakkar, S., Walker, M. & Workplace Suicide Prevention and Postvention Committee (2022). Mental health promotion and suicide prevention in the workplace: Policy and respond recommendations to help employers positive impact workers and the work environment: A white paper for HR professionals and employment lawyers. United Suicide Survivors, International: Denver, CO. Available online:
<https://workplacesuicideprevention.com/wp-content/uploads/2022/06/20220630-FINAL-FINAL-HR-EmploymentLaw-WhitePaper.pdf>

PRESENTATIONS

Faculty, staff and students connected to BHWELL presented at **39 meetings and conferences**

- 1.** Lewis, E. M., & Lemmons, B., (2023, June). *The in-law relationship as a context for strengthening Black fathers and families* [Paper presentation]. International Fatherhood Conference, Canton, OH. <https://doi.org/10.1037/men0000361>
- 2.** Frey, J. J., Callahan, C., Hopkins, K., Unick, J., & Whitfield, D. (2023, May 11). *Behavioral Health and Well-Being Lab (BHWELL Lab): Research to practice to partnerships* [Presentation]. Presentation for the University of Maryland, Baltimore, MD.
- 3.** Celestine-Donnor, N. (2023, May). *How multidisciplinary approaches to hateful speech enable restorative justice* [Presentation]. Presentation to the Law and Society Association, Baltimore, MD.
- 4.** Frey, J. J. (2023, April 18). *Research reporting: Discussion and dissemination.* [Presentation]. Presentation for IRIS Fellowship Program, Baltimore, MD.
- 5.** Cardenas, I. (2023, April 14). *Intimate partner violence and the Latinx community: Strengths and challenges* [Presentation]. Gender-Based Violence and SVU Delegates of the Open World Program, Center for Global Engagement at the University of Maryland, Baltimore County, Baltimore, MD.
- 6.** Graham, L. (2023, April 7). *Levitas initiative for sexual violence prevention* [Presentation]. UMB Lunch & Learn, Baltimore, MD.
- 7.** Celestine-Donnor, N. (2023, April). *EDI work at UMB* [Presentation]. National Association for Diversity Officers in Higher Education Conference, Baltimore, MD.
- 8.** Michalopoulos, L. (2023, April). *Mining the collaboration in your community*, [Panel presentation]. 20th Annual Global Health and Innovation Conference, Unite for Sight, Virtual.
- 9.** Michalopoulos, L. (2023, April). *Examining trauma, mental health, labor migration and HIV in Zambia: Utility of qualitative methods* [Presentation]. Guest Lecture for Community Assessment through Qualitative Methods at University of Maryland College Park School of Public Health, College Park, MD.
- 10.** Frey, J. J. (2023, March 30). *National Guidelines for Workplace Suicide Prevention: How social workers can help implement comprehensive public health approaches* [Presentation]. Curtis Center Health Equity Seminar Series, University of Michigan, Ann Arbor, MI.
- 11.** Frey, J. J. (2023, March 28). *Man Therapy: An innovative online program to prevent suicide among working-aged men* [Presentation]. Panel for the Construction Working Minds Summit, Innovative Mental Health Panel, Kansas City, MO.

- 12.** Cardenas, I. & Graham, L. (2023, March 16). *Intimate partner violence victims'/survivors' engagement with the legal system: Critical considerations for agency and power. Uneasy alignments: The mental health turn in the American legal system* [Presentation]. The Journal of Health Care Law & Policy and the University of Maryland School of Social Work's Daniel Thursz Social Justice Symposium, Baltimore, MD.
- 13.** Frey, J. J., & Mortali, M. (2023, March 9). *Interactive Screening Program: Workplace program evaluation for social work* [Presentation]. Presentation for the University of Maryland, School of Social Work, Continuing Professional Education Program, Baltimore, MD.
- 14.** Michalopoulos, L. & Wagner, F. (2023, March). *Global engagement through research partnerships across the hemispheres* [Presentation]. University of Maryland School of Social Work LunchTime Research Seminar, Virtual.
- 15.** Frey, J. J. (2023, February 14). *Working with your data*, [Presentation]. Presentation for IRIS Fellowship, Baltimore, MD.
- 16.** Frey, J. J., Mosby, A., & Vossler, T. (2023, February 14). *Measuring the impact of suicide prevention outreach efforts: Man Therapy in partnership with suicide prevention training and community mental health activities* [Presentation]. Presentation for State-wide partnership of Suicide Prevention, Michigan.
- 17.** Michalopoulos, L. & Langworthy, M. (2023, February). *Resilience monitoring for resilience and food security activities* [Speaker]. Haiti USAID Mission Resilience and Food Security Activity Monitoring and Evaluation Workshop, Virtual.
- 18.** Deng, Y., & Frey, J. J. (2023, January 30). *Using online anonymous screening and counseling to increase mental health help-seeking: A comparison between healthcare system and law enforcement system* [Presentation]. SAMHSA 19th Annual Prevention Day, Washington, DC.
- 19.** Frey, J. J. & Spencer-Thomas, S. (2023, January 27). *Introduction to the National Guidelines for Workplace Suicide Prevention: Emphasis on the role of peers in this work* [Presentation]. 2023 Kevin's Song Annual Conference on Suicide Prevention, Detroit, Michigan.
- 20.** Cardenas, I. (2023, January 11-15). *Profiles of intimate partner violence survivors who seek formal help and their association with socio-demographic characteristics* [Presentation]. Society for Social Work and Research (SSWR) 26th Annual Conference, Phoenix, AZ.
- 21.** O'Connor, J., Ganson, K., Ladonice, S. & Cardenas, I. (2023, January 11-15). *Patterns of violence victimization and disclosure among transgender/gender non-conforming and cisgender Latinx college students* [Presentation]. Society for Social Work and Research (SSWR) 26th Annual Conference, Phoenix, AZ.
- 22.** Graham, L. M., McCauley, H., Rizo, C. F., & Cavaletto, A. (2023, January). *Strengths-focused sexual and intimate partner violence prevention: Current approaches and future directions* [Roundtable presentation]. Society for Social Work and Research Conference, Phoenix, AZ.
- 23.** Cavaletto, A., Cagle, J., & Graham, L. M. (2023, January). *School-level predictors of teen dating violence perpetration* [Poster presentation]. Society for Social Work and Research Conference, Phoenix, AZ.
- 24.** Sacco, P., Burda, C., Ting, L., Johnson, M., Fornili, K. & Weintraub, E. (2023). *The President's Symposium on Opioid Use Disorder and the Opioid Epidemic* [Presentation]. Presented at the University of Maryland Baltimore, Baltimore, MD.
- 25.** Frey, J. J. (2022, December 11). *Suicide prevention and working-aged adults: Exploration into national goals and intervention research* [Presentation]. Presentation for Yonsei University, South Korea.

- 26.** Stapleton, L.M. & Henneberger, A.K. (2022, December). *The MLDS: An opportunity for research to inform policy* [Presentation]. AERA-NSF Dissertation Grants Fall Research Conferences, Washington, DC.
- 27.** Cardenas, I. (2022, November 16-19). *An overview of programs mandated by the violence against women act and reauthorizations* [Part of a panel]. Violence against women act: Moving towards measurement and evaluation of gender-based violence legislation and interventions presentation, American Society of Criminology (ASC) Annual Meeting, Atlanta, GA.
- 28.** Frey, J. J. (2022, November 2). *Putting the National Guidelines for Workplace Suicide Prevention into Action* [Presentation]. Presentation for the Community Engagement Partnership Program, VISN 4 and VISN 5, Veteran's Administration, Baltimore, MD.
- 29.** Cloeren, M., & Frey, J. J. (2022, October 6). *HR Roundtable: Recovery in the workplace: Workplace PROSPER: Partnering to reduce opioid stigma and promote employment in recovery* [Presentation]. Presentation for Jane Addams Resource Corp, Baltimore, MD.
- 30.** Michalopoulos, L. & Lai, C. (2022, October). *Resilience food security activities monitoring and evaluation technical guidance revisions* [Speaker]. USAID Bureau for Humanitarian Assistance Monitoring and Evaluation Team Retreat, Washington, DC.
- 31.** Michalopoulos, L. (2022, October). *How water and food insecurity are driving climate refugees and creating a new mental health crisis* [Moderator]. Bhumi Global and the United Nations Environment Programme's Summit on Climate, Biodiversity and Sustainability, Virtual.
- 32.** Sacco, P., Frey, J. J., Callahan, C. & Mosby, A. (2022, October). *Brief Intervention for at-risk gambling through credit counseling services: Presentation at the ICRG Conference on Gambling and Addiction* [Presentation]. ICRG Conference on Gambling and Addiction, Las Vegas, Nevada.
- 33.** Cardenas, I. (2022, September 27). *Profiles of intimate partner violence survivors seeking formal services. In gender-based violence and the Latinx community* [Presentation]. National Institute of Justice-sponsored Violence Against Women Research Consortium (VAWRC) webinar, Virtual.
- 34.** Frey, J. J., & Mitchell, C. (2022, September 8). *Healthiest Businesses Maryland: Workplace PROSPER updates and ways to get involved* [Presentation]. Presented to the Maryland Department of Health, Healthiest Maryland Businesses, Baltimore, MD.
- 35.** Frey, J. J. (2022, August 30). *Interactive Screening Program: Workplace program evaluation final results* [Presentation]. Presented to the American Foundation for Suicide Prevention, New York, NY.
- 36.** Frey, J. J., & Demers, N. (2022, July 21). *Man Therapy: An innovative online program for EAPs to prevent suicide among working-aged men* [Presentation]. Presented to the DC-Chapter, Employee Assistance Professional Association, Washington, DC
- 37.** Frey, J. J., & Demers, N. (2022, July 13). *Man Therapy: An innovative online program for social workers to prevent suicide among working-aged men* [Presentation]. Presented for the University of Maryland, Baltimore, Continuing Professional Education Program, Baltimore, MD.
- 38.** Sacco, P., Ting, L., Burda, C., Johnson, M., Fornili, K. & Weintraub, E. (2022, June). *Training the next generation of substance use disorder clinicians committed to working with underserved communities* [Paper presentation]. College on Problems of Drug Dependence Annual Meeting, Minneapolis, Minnesota
- 39.** Schindler, J., Stabile-Quinn, P., Beaulieu, M. & Sacco, P. (2022). *Preparing students to provide tele-behavioral health services* [Presentation]. HRSA Health Workforce Virtual All-Grantee and Stakeholder Meeting, Virtual.